

CAB NEWSLETTER

Improving sexual health



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CAB IN THE COMMUNITY

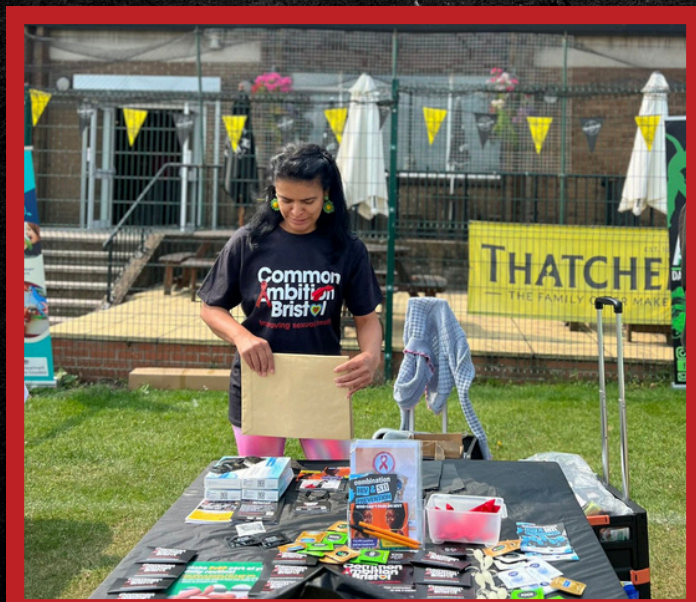


CAB is excited to say it participated in the DET's Community Awareness Funday, and it was such a fun and educative experience.

Our CAB volunteers were there to engage the general public about CAB and our activities while handing out all our usual goodies like condoms, sweets and ribbons to them. It was such an **EXPERIENCE!**

Thank you DET for inviting us!
If you have an event coming up and would like CAB to have a stall we would **LOVE** to attend!!

Drop us a line on cab@brigstowe.org or ring 0117 9555038





HIV & SEXUAL HEALTH TESTING



Are you of African or Caribbean heritage?



Has it been some time since your last sexual health test?



Have you never tested but feel now is the time? Would you just like to talk to someone about testing and your sexual health?

Then let Common Ambition Bristol help you **take charge of your sexual health** and come along to our **free and confidential** sexual health and HIV testing walk in service!

CHECK OUT OUR AUGUST & SEPTEMBER DATES!

AUGUST & SEPTEMBER DATES



**CHARLOTTE KEEL
MEDICAL PRACTICE
BS5 0UA
Thursday 29th
August
1:30 - 6PM
Last Check-In 5:30PM**



**MONTPELIER HEALTH
CENTRE - BS6 5PT**

**Thursday 5th Sept.
1:30 - 6PM
Last Check-In 5:30PM**

SEXUAL HEALTH EVENTS



Improving sexual health



DO YOU RUN A REGULAR WORKSHOP

ARE YOU PART OF A GROUP THAT WOULD BENEFIT FROM A SEXUAL HEALTH SESSION

ARE YOU ORGANISING AN EVENT WHICH SEXUAL HEALTH COULD BE A TOPIC

Drop us a line on cab@brigstowe.org or ring 0117 9555038



At CAB our aim is to encourage the African and Caribbean heritage community to test for HIV & other STIs to take control of their sexual health.

One of the ways to do this is to collaborate with the community and Groups at meetings, spaces and other opportunities to deliver sexual health sessions and workshops. These could be either a one-off engagement OR a series of sessions.

We have trained facilitators who would be readily happy to facilitate a session on sexual health and the services we have available.

GET IN TOUCH!!



0117 9555038

CAB SURVEY



Common Ambition Bristol is seeking the views of the community to help improve sexual health services for African and Caribbean Heritage communities in Bristol.



This survey is for anyone over the age 18 years, who is of African or Caribbean Heritage.



The survey takes 5-7 minutes to complete and can be done online or by paper.



It asks what you think about HIV, your views about testing and how to improve sexual health services. It is totally confidential and you don't need to give your name.



£200 Prize Draw. If you would like to be entered into the prize draw to win **£200 shopping vouchers**, give your contact details at the end of the survey. These details will be saved separately from your anonymous survey responses.



**SCAN ME FOR
THE SURVEY**

Have Your Say!

Help Improve
Sexual Health
services in
Bristol

