

Common Ambition Bristol

Improving sexual health

Are you Interested in improving sexual health in our local African and Caribbean communities?

Do you have a passion for change and want to make a difference?

***Join us and volunteer with
Common Ambition Bristol today!***



[Common Ambition Bristol](#) is a community powered program dedicated to our African and Caribbean heritage communities in the city. Our aim is to encourage people to invest in their health by being in control of their sexual health. To do this, we are increasing our community presence to raise the knowledge and understanding of HIV and sexual health, so that our community can take charge of their own sexual narrative.

To do this important work we need YOU!

We are looking for volunteers to join CAB as '**Community Connectors**' to take on **at least one** of the following roles from July 2024 onwards:

Event Support: Attending community events as part of CAB's stall. Welcoming and chatting to people to promote the project and sharing positive sexual health messages and information.

Outreach Champion: Proactively championing the project in the community, speaking to peers about sexual health and the support/services available through our ever-increasing outreach networks with local businesses including barbers, salons etc. in the BS2 and BS5 areas.

Given the nature of the project we are looking for people who are either from an African or Caribbean heritage community or people who have strong links and affiliations with these communities as well as people who are comfortable talking and learning about sexual health.

*****Please note it is not expected for you to talk about your own sexual health*****

You do not need to be a sexual health expert to do this role as full training, continued support will be provided as well as expenses along with the opportunity to be part of groundbreaking work in our wonderful communities in Bristol!!

To apply for this role, please read the role description below and complete our **Volunteer Application Form**

by clicking this link → <https://rb.gy/liykhu>

and we will contact you ASAP!

If you would like to know more about CAB and/or the Volunteer Role, or would just like to have a chat, please contact

Marsha cab@brigstowe.org or call **0117 955 5038**

www.commonambitionbristol.org.uk

Position: 'Community Connectors'

Time Commitment: Ideally **2 – 8 hours a month**, or as much or as little time as you can spare. Weekdays, evenings and weekends.

Closing date for applications: **Wednesday 5th June 2024**

Interview dates: **Thursday 13th June 2024** (if you are unable to make this day let us know and we can make alternative arrangements!)

Training: **Friday 5th July from 10am – 4.30pm** at The Old Coop Building, Easton, BS5 6AF

Expectations of volunteers:

- Support the varying projects under the Common Ambition Bristol umbrella through either event support or outreach (**as outlined in the two roles above**)
- Deliver sexual health messages to your peers, communities and/or networks (**you will receive training to be able to do this**)
- Be in regular contact with CAB's Community Engagement Facilitator
- Adhere to CAB's policies and procedures.

Skills and Experience needed:

- To be part of the African or Caribbean heritage network/community or have strong links and affiliations with these communities.
- An interest in sexual health.
- To feel comfortable to talk about sexual health.
- A passion to make things better!!
- A non-judgemental approach and an understanding approachable manner.
- Good time management & organizational skills.
- Respect for diversity & a commitment to equal opportunities.

Training & Support Provided:

- Full training & induction
- Regular 1-2-1 support from the 'Community Engagement facilitator' and 'Project Lead'
- Reimbursement for out-of-pocket expenses (up to a reasonable amount)

Transferable skills and experience gained from participating:

- An understanding of HIV and HIV prevention methods including **PrEP*** and general sexual health
- Increased confidence, communication and presentation skills
- An opportunity to support good sexual health & wellbeing in your community
- An opportunity to be part of some ground-breaking community-based work
- Make new friends and connection

***PrEP** is a pill you can take to prevent you from contracting HIV.

Volunteer Application Form here below <https://rb.gy/liykhu> **https://rb.gy/liykhu**